

## COACH NEWS

SON Dean:  
Dr. Michael Evans  
806-743-2738

Department Chair:  
Dr. Melinda Mitchell-Jones  
806-743-4842

Program Director:  
Dr. Laura Opton  
806-470-9642

Education Technology:  
Phillip Crawford  
325-696-0530

Student Business Services:  
806-743-7867  
ext. 332

Coach Hire Liaison:  
Cheryl Wright 806-743-4282  
Jeannette Diaz 806-743-9212

### WELCOME FROM DEAN EVANS Welcoming of Coaches for a New Cohort

First, I want to sincerely thank you for your support for Texas Tech and our outstanding students. We have had great success with the coach model of clinical instruction for our Second Degree Accelerated BSN students. It has been so successful that we are also using the same model for our new Veteran to BSN program (VBSN). We still use the more traditional model of clinical instruction for our traditional undergraduate students, most of whom come to us after their first two years of college at the age of about 20 years old. The traditional model of one clinical faculty member for 10 students works well for this program.



The success of the coach model for more mature nursing students has been very satisfying for us to observe, and it has been very satisfying for the coaches as well. Because of the relationships that are formed as a result of this pairing of coach and student, the great majority of the graduates of the Second Degree Accelerated BSN program end up accepting job offers to work on the same unit as their coach. We anticipate that same thing happening with the VBSN students. Texas Tech was one of the first schools in the country to use the coach model of clinical instruction. Another innovation of the Second Degree Accelerated

BSN program is the prerequisite that students will have become a CNA before applying to our program. This provides the student with the very basics of clinical care and also provides them with the exposure to clinical care situations. This program is very competitive and we are not able to accommodate all applicants. The CNA requirement also helps to insure that applicants to our program are better aware of nursing as a good career choice for them. Without that exposure, it is not unusual for some students to get 2 to 3 months into the program and realize that they are just not suited for some clinical situations and need to leave the program. This requirement helps us to select the applicants who will be successful in finishing the program and having a fulfilling career in nursing. The VBSN students will have already had exposure to clinical care as a result of their health care experience in the military.

Thank you again for supporting our students and for being a Texas Tech coach. For nurses who love to teach, this is a wonderful role. I want to welcome you to Texas Tech University Health Sciences Center School of Nursing!

-Michael L. Evans, PhD, RN, NEA-BC, FACHE, FAAN  
Dean and Professor TTUHSC SON  
University Medical Center Endowed Chair for Excellence in Nursing  
President – American Nurses Credentialing Center

### COACH TO COACH



I have been a coach for Texas Tech for almost 2 years. I have also been coaching at Hendrick for over 4 years. The thing I enjoy most about coaching for Texas Tech is seeing a student start with absolutely no nursing knowledge to graduating and finding their first job with confidence. Some tips that I have learned along the way is to be very patient and teach every single detail from the beginning. All of your habits are things your student will pick up on so it's very important to be thorough. I also encourage my students to look stuff up such as labs, skills, policies, disease processes, medications, etc. Then I will have them tell me the information rather than depend on me to tell them everything. This really sticks with them more if they have to explain it to their coach. I am a firm believer in the "see something, do something, and teach something" method. Once they have watched a skill and practiced a skill they are ready to teach! I have had my student teaching other students on the floor towards the end of their program and it really builds their confidence. The best advice I can give is really get to know your student. You will spend a lot of time with them and learning about them will really aide in your teaching strategies and what works best for that individual!

VISIT THE COACH PORTAL AT [HTTP://NURSING.TTUHSC.EDU/COACHES](http://nursing.ttuhschool.edu/coaches) FOR  
INFORMATION RELATED TO STUDENT COURSES & COACH SUPPORT

## HOW TO.... Start off with a New Student

Coaches, you are given an opportunity to work with a student, a person striving to become a nurse in order to work in a field so rewarding. This student is assigned to you in a new environment. This person comes to the coach with very basic skills requiring you, the coach, to take these skills and grow. The coach's responsibility is to now allow the student to observe how you set up your day, prioritize your patients, provide client care and give medications safely. Coaches follow policy and procedures, mindful that the instruction and the observation of the student is further engrained into the student's minds of a safe practice. The students gain confidence when entrusted by their coach to perform the skills on the patients. The coach's instructing, guiding and providing of positive constructive criticism continues to grow this person into a top notch Registered Nurse. The coaches walk with this student, teaching the student to think like a nurse by utilizing critical thinking skills established through quizzing the student and utilizing teachable moments during the clinical experience.

Coaches utilizing the clinical focus for that particular semester in order to help the students assimilate the book work toward actual patients, (for most nursing students are kinetic learners) needing the

chance to see, smell and live the experience to further understand the concept that is taught in the classroom. The Coach are the key in providing this instruction and learning environment producing top notch Registered Nurses. Coaches take this opportunity and build the future of nursing with your knowledge a legacy that continues on because of your effort and guidance.

The old adage "See One, Do One, Teach One" works well in teaching or guiding the new nursing student. The student has a chance to observe the coach, next time the procedure needs to be completed the student will do one and then afterward will instruct the coach or another person how to perform the skill. The best way to really know a topic is to teach that information.

**CATCH MORE ABOUT "SEE ONE, TEACH ONE, DO ONE" AT OUR FIRST COACH SUPPORT WEBINAR SCHEDULED FOR MARCH 23<sup>RD</sup> AND 25<sup>TH</sup> 2016, TIMES**



### FIRST SEMESTER COURSE INFORMATION & CLINICAL FOCUS



#### Spring Semester Course Timeline:

SPRING: 1/12 – 5/16				
MLK: 1/18, Spring Break: 3/15-18				
Jan	Feb	Mar	Apr	May
*NURS3205 Clinical Competency I: Boot Camp				
1/22-2/22 NURS3307 Health Assessment				
2/22-5/6 NURS3408 Pharmacology				
**1/26-5/13 NURS3510 Foundations Clinical				
2/15-5/6 NURS3380 Foundations Didactic				
+ 3/28-5/16 NURS3315/3105 OB Didactic & Clinical Clinical on 5/2-5/12				

#### Mark Your Calendar with these Important Dates:

- 2/15/16: Students begin coached clinical
- 2/15/16-5/13/16: Coached Clinical
- 3/23/16: Coach Webinar, time TBA
- 3/25/16: Coach Webinar, time TBA
- 4/1/16: Mid-term Evaluation due
- 5/13/16: Final Evaluation due
- Don't forget to review the checklist weekly

#### Clinical focus for January:

- Developing foundational nursing skills
  - Nasogastric Tubes
  - Airway (Suctioning, Oxygen)
  - Urinary Catheters
  - Intravenous Access
  - Isolation
  - Safety & Privacy (Chart Review)
  - Hygiene
  - Communication
  - Review of CNA skills
  - Medication administration
- Developing Assessment Skills
- Standards of Practice
- Terminology
- Medication Calculations

THANK YOU FOR YOUR CONTINUED SUPPORT AND  
DEDICATION TO OUR PROGRAM AND PROFESSION

