

COACH NEWS

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Professional Dress: Gone are the Whites and Caps but Professional Dress is considered honorable among Nursing Professionals

Nursing staff stood out on the units in their white caps and starched white uniforms. There certainly was no doubt in whom was the professional nurse. He or She commanded the floor, as each nurse was hard at work tending to their patients. Today the starched white uniforms and white caps are no longer seen as a mark of the professional nurse. The visitors or patients search to identify the nurse on the unit by looking for the professional nurse’s uniform. Currently, the outfit (scrub) is now colored, covers the body appropriately and the hair out of the face. In addition, make-up is tidy with no dangling jewelry for the professional female nurse and trimmed facial hair for the professional male nurse.

The professional imagine of nursing is continually studied to identify the precise image of nursing to project to patients and visitors, along with their other health care disciplines. In one such research study, an “image contributes to the projection of one’s legitimate status and is reflected in personal hygiene, clothing, jewelry, and make-up. The relationship between nursing professional imagine and clinical attire has been explored through several studies over the last 5 years. A persistent theme in the literature is the importance of patients being able to easily distinguish professional roles considering that variability in dress code is common.” (Clavelle, J., Goodwin, M., & Tivis, L., 2013, p. 172).

Many studies continually identify that “patients want clinicians to appear professional, be identifiable, and demonstrate readiness to work. Patients and clinics want nurses to be able to be rapidly identified, in emergent situations when it is vital to communicate competence and readiness to assume their role in patient stabilization.” (Clavell, J. & et. al., 2013, p. 173)

Hence the emersion of the professional dress of well-fitting scrubs that are easily washed, wrinkle free (in most cases), and easily placed among the many other health care disciplines in the hospital setting. This assists visitors and patients in their search for the professional nurse among the sea of scrubs. Hopefully, the nurse represents the ideal image of a professional nurse the patients and visitors are expecting.

Hospital units and clinics have several different scrub colors which represent the various staff roles and nursing school students. This distinction in color give the patients and visitors a better idea of which school the nursing students represent. Utilizing the school colors for the scrub uniform, further identify the nursing student to a particular nursing school. The nursing student is expected to be dressed professionally when representing their school of nursing and their colleagues, setting a standard of professionalism. Additionally, a certain prestige goes with the representation of the school uniform (scrub), giving the student pride. Our Clinical Coaches further represent Texas Tech School University Health Science Center School of Nursing by projecting their professionalism of uniform and dress.

Our attention to professional attire aligns to our proud custom of an appearance of the professional nurse. The color of the uniform (scrub) is of no matter, but the lasting image of the professional nurse leads the way to a culture of professionalism for all nursing and nursing students.

References

Clavelle, J., Goodwin, M., & Tivis, L. (2013). Nursing Professional Attire: Probing Patient Preferences to Inform Implementation. *The Journal of Nursing Administration* 43(3), 172-177. doi: 10.1097/NNA.0b013e318283dc78



“Setting the example of how a professional nurse dresses, is important as a Coach. The example also lets the student know that upon licensure it is to be continued in the work environment”.
-Samantha Peoples, RN Coach at NWTHS

VISIT THE COACH PORTAL AT [HTTP://NURSING.TTUHSC.EDU/COACHES](http://nursing.ttuhschool.edu/coaches) FOR INFORMATION RELATED TO STUDENT COURSES & COACH SUPPORT



SECOND SEMESTER COURSE INFORMATION & CLINICAL FOCUS



Summer Semester Course Timeline:

Summer 2017-18 credits 5/23-8/11	5/21	5/28	6/4	6/11	6/18	6/25	7/2	7/9	7/16	7/23	7/30	8/6
3385 (5/23-8/7) Chronic Care												
3520 (5/23-8/11) Chronic Care Clinical												
4411 (5/23-7/1) Mental Health						ATI Exam						
4207** (6/4-7/29) Pharmacology II										ATI Exam		
3407 (7/2-8/11) Perinatal Nursing												ATI Exam

Holiday: Independence Day – 7/4

Mark Your Calendar:

- July 4th- Holiday
- July/August- work on checklist
- August 7th– Final evaluation, clinical checklist due
- August 11th- A minimum of 225 clinical hours due

****If you are returning back to school, discuss options for the Coach/Preceptor Tuition Reimbursement. This is a 500\$ waiver towards your tuition.****



Current Clinical focus:

- Building on the foundational concepts from Spring Semester
 - Safety
 - Medication administration
 - Communication
 - Assessment
 - Professionalism
- Chronic disease pathophysiology
 - Endocrine
 - Reproductive
 - Musculoskeletal
 - Nervous System
- Management of the chronic disease processes
- Health promotion
- Incorporation of laboratory and diagnostic tests into patient care
- Interprofessional Teamwork
- Increasing efficiency in patient care as load increases
- Prioritization of care

THANK YOU FOR YOUR CONTINUED SUPPORT AND DEDICATION TO OUR PROGRAM AND PROFESSION

