

COACH E-NEWS

SON Dean: Dr. Michael Evans 806-743-2738	Department Chair: Dr. Melinda Mitchell-Jones 806-743-4842	Second Degree BSN Program Director: Dr. Laura Opton 806-470-9642	Veteran to BSN Program Director: Dr. Debbie Sikes 915-494-1558	Education Technology: 806-743-4248 sonitstaff@ttuhsc.edu	Student Business Services: 806-743-7867 ext. 332	Coach Hire Liaison: Dakota Kilcrease Dakota.kilcrease@ttuhsc.edu
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Nursing Mistakes

It is interesting to note as human beings, we tend to make mistakes in life, in our careers, and in general. The question is how do we deal with making mistakes? How do we (Coaches and Faculty) educate, set the example, and survive the many mistakes we make? Our students learn from us how to deal with mistakes, if it be our own or the student’s mistakes. How do we help them through the trials of mistakes in the nursing world? The suggestions in this E-newsletter help this author to deal or survive mistakes in order to build a better character and to assist others that find themselves in this very dilemma! Nursing Mistakes.

The Big Seven:

Nursing errors commonly revolve around patient falls, infections, medication errors, documenting errors, and equipment injuries. These include failure to:

- Collaborate with other healthcare team members
- Clarify interdisciplinary orders
- Ask for and offer assistance
- Utilize evidence-based performance guidelines or bundles
- Communicate information to patients and families
- Limit overtime
- Adequately staff patient care units with enough nurses to allow them to safely provide care (Delamont, A., 2013)

In reviewing the many articles submitted related to the different nursing mistakes, it is very interesting, to see the ideas in how to use those ideas to overcome or become better in our profession to prevent future mistakes. As coaches and faculty, we need to study these articles, glean the information, and share findings with our students in efforts to help them grow and hopefully avoid similar mistakes in their new nursing careers. We also develop and learn how to deal with making our own mistakes in the nursing profession. It is difficult to swallow the understanding that first we are human, second we do make mistakes, and thirdly how we overcome to survive these mistakes?

The article How to Avoid the Top Seven Nursing Errors, has assisted this author in cultivating and supporting students as well as other colleagues that have experienced mistakes in the nursing world. The author admits to a mistake, takes ownership, and hopefully growing from the mistake never to make the mistake again! The tips below have guided and helped the author in the many years of nursing at the bedside and as a faculty member. Below are the tips, in hopes that coaches and students will utilize the knowledge to grow past a mistake and develop processes to avoid making the same mistake again!

6 tips for Dealing with Nursing Mistakes:

“Every nursing student and nurse stresses about making a mistake at some point during their career. No one wants or likes to make a mistake, but we are human and very prone to making errors. When you make a nursing mistake (whether it is big or small) you will deal with feelings of fear, depression, and extreme worry, which will lead you to question if nursing is really for you.” (New Nurse Time Management Tips, n.d.)

1. Understand the mistakes are going to happen!
2. Always recognize and address the mistake!
3. Be proactive about your mistake!
4. Remember some mistakes have positive outcomes!
5. Don’t bottle up your feelings!
6. Remember mistakes help you grow!

Coaches, Students and Faculty continue to deal with our Humanity and know that we will make mistakes, hoping that all is for the positive and a good lesson is learned!

References:
Delamont, A (2013) How to avoid the top seven nursing errors. Nursing Made Incredibly Easy. March/April 2013-Volume 11-Issue 2-p. 8-10 doi:10.1097/01.NME.0000426302.88109.4e
Anonymous. (n.d.) 6 Tips for Dealing with Nursing Mistakes. New Nurse Time Management Tips. Retrieved October 30, 2017 at <http://www.registerednursern.com/6-tips-for-dealing-with-nursing-mistakes/>



“To build confidence and independence in the student, sometime the coach needs to stand back. Be there but allow them their space”.

-Ashley Nielsen BSN, RN Hendrick Medical Center

VISIT THE COACH PORTAL AT [HTTP://NURSING.TTUHSC.EDU/COACHES](http://nursing.ttuhsc.edu/coaches) FOR INFORMATION RELATED TO STUDENT COURSES & COACH SUPPORT



SECOND SEMESTER COURSE INFORMATION & CLINICAL FOCUS



2018 Summer Semester Course Timeline:

Summer 2018-18 credits 5/14-8/17	Week of 5/14	Week of 5/21	Week of 5/28	Week of 6/4	Week of 6/11	Week of 6/18	Week of 6/25	Week of 7/2	Week of 7/9	Week of 7/16	Week of 7/23	Week of 7/30	Week of 8/6	Week of 8/13
3395 (5/14-8/17) Chronic Care														
3520 (5/14-8/17) Chronic Care Clinical														
4411 (5/28-7/6) Mental Health								ATI Exam						
3326 (5/14-6/15) Evidence Based Practice														
3407 (7/9-8/17) Perinatal Nursing														ATI Exam

Mark Your Calendar:

- May 14th- Summer semester starts
- May-August- work on checklist
- July 4th- Holiday
- August 7th— Final evaluation, clinical checklist due
- August 11th- A minimum of 225 clinical hours due
- August 17th — Summer semester ends

**** If you are returning back to school, discuss options for the Coach/Preceptor Tuition Reimbursement. This is a 500\$ waiver towards your tuition. ****



Current Clinical focus:

- Building on the foundational concepts from Spring Semester:
 - Safety
 - Medication administration
 - Communication
 - Assessment
 - Documentation
 - Professionalism
- Chronic disease pathophysiology
 - Diseases are outlined in the course, ask your student about the weekly focus
- Management of the chronic disease processes
- Health promotion and Injury prevention
- Nutrition
- Incorporation of laboratory and diagnostic tests into patient care
- Interprofessional Teamwork for patient centered care
- Increasing efficiency in patient care as load increases
- Prioritization of care

THANK YOU FOR YOUR CONTINUED SUPPORT AND DEDICATION
TO OUR PROGRAM & PROFESSION

