

COACH NEWS

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DR. LAURA OPTON, DHSC, RN, CNE Second Degree BSN Program Director

The Spring 2016 semester is off to a great start. Thank you for agreeing to serve as a clinical coach for the new group of Second Degree BSN and Veteran to BSN students starting nursing school this semester.

The coach model is truly the hallmark of our nursing programs. Prior to graduation, students were asked to reflect on a significant moment from the prior 12 months of enrollment in the nursing program and how that experience will impact the nursing care they provide as they begin their journey as a professional nurse. One student wrote the following:

As for the significant clinical moment, I don't think that there was one moment that I can reflect on, but rather the example set forth by my coach about handling patients and their care.

It is a common theme for students to share the positive impact coaches have had on their personal and professional growth. Thank you for upholding the values of the nursing profession

and giving of yourself to make a difference in the lives of our students.

We appreciate the time you take to coach the students, sharing your expertise and helping them to connect they are learning in the online classroom to their experiences in the clinical setting. Your role in the lives of the students is invaluable. You make a difference through your words of encouragement and role modeling professional behaviors each and every day in the hospital. We truly appreciate your commitment to our Second Degree BSN and Veteran to BSN Programs.



COACH TO COACH



I have been given the opportunity to be a second degree coach for many years and have coached a variety of students. I have found that it is important to figure out how each student learns and adapt my teaching skills so they can reach their best potential. I also have found that when I evaluate my students, I must evaluate my own teaching skills daily and figure out where I need to improve to get the best outcome for the student. A good resource when you evaluate yourself is to ask your current and previous students their opinion of what they need and what you are delivering. I am looking forward to another year with this program. Carla Sapieha BSN, RN

VISIT THE COACH PORTAL AT [HTTP://NURSING.TTUHSC.EDU/COACHES](http://nursing.ttuhschool.edu/coaches) FOR
INFORMATION RELATED TO STUDENT COURSES & COACH SUPPORT

PHARMACOLOGY

Pharmacology Course NURS 3408 has opened and students are learning the many classes of medications, how to give these medications, names, side effects, levels and etc.

The students will rely heavily on the coaches to provide guidance in giving medications. We know that the coaches do a great job quizzing the students on the implications, the six rights of giving the medications and the side effects. Site Coordinators quiz the students as well. It will take all of us as a team to teach our students to persevere through pharmacology and how to give medications safely.

It is recommended that the coaches require the students to write up an ATI template to the medications they are giving. Coaches if you need one of these ATI templates it will be attached to the Enewsletter send out. We are here to assist you in your endeavors with the students. We thank you for all your help.

Currently covering the pharmacology topics of:

- Pharmacology Basic
 - Nursing Process, Lifespan/Cultural/Legal/Ethical Considerations, Patient Education, Preventing Medication Errors
- Central Nervous System
 - Analgesics, CNS depressants/stimulants, Anesthesia, Antiparkinson drugs, Antiepileptic drugs
- Autonomic Nervous System
 - Adrenergic/Adrenergic blocking drugs, Cholinergic/Cholinergic blocking drugs
- Drugs Affecting Cardiovascular and Renal Systems
 - Antihypertensive, Antianginal, Heart Failure drugs, Coagulation Modifiers, Antilipemic, Diuretics
- Drugs Affecting the Endocrine System
 - Pituitary drugs, Thyroid/Antithyroid, Antidiabetic, Adrenal drugs, Men's/Women's health
- Drugs Affecting the Respiratory System
 - Antihistamines, Decongestants, Antitussives, Expectorants, Respiratory drugs



FIRST SEMESTER COURSE INFORMATION & CLINICAL FOCUS



Spring Semester Course Timeline:

SPRING: 1/12 – 5/16				
MLK: 1/18, Spring Break: 3/15-18				
Jan	Feb	Mar	Apr	May
*NURS3205 Clinical Competency I: Boot Camp				
1/22-2/22 NURS3307 Health Assessment				
2/22-5/6 NURS3408 Pharmacology				
**1/26-5/13 NURS3510 Foundations Clinical				
	2/15-5/6 NURS3380 Foundations Didactic			
			* 3/28-5/16 NURS3315/3105 OB Didactic & Clinical Clinical on 5/2-5/12	

Mark Your Calendar with these Important Dates:

- 2/15/16-5/13/16: Coached Clinical
- 3/1/16: Title IX Education due
- 3/23/16: Coach Webinar, time 0800 PM
- 3/25/16: Coach Webinar, time 0800 AM
- 4/1/16: Mid-term Evaluation due
- 5/13/16: Final Evaluation due
- Don't forget to review the checklist weekly

Clinical focus for March:

- Developing foundational nursing skills
 - Nasogastric Tubes
 - Airway (Suctioning, Oxygen)
 - Urinary Catheters
 - Intravenous Access
 - Isolation
 - Safety & Privacy (Chart Review)
 - Hygiene
 - Communication
 - Review of CNA skills
 - Medication administration
- Developing Assessment Skills
- Standards of Practice
- Terminology
- Medication Calculations

THANK YOU FOR YOUR CONTINUED SUPPORT AND
DEDICATION TO OUR PROGRAM AND PROFESSION