Covid-19 Testing Information

Name: _____________________________ Date: ________________

You have been swabbed to test to see if you have an **ACTIVE** case of Covid-19.

Your specimen will be sent to an outside laboratory. You will be called with your results in 1-5 days. Please assume you are positive and **SELF-QUARANTINE**, until someone communicates the results to you. **If you have not received your results in 72 hours call M-F 806-743-9355.**

**SELF-QUARANTINE per CDC GUIDELINES:** separate yourself from family, friends and others. This helps prevent the spread of the disease that can occur before a person knows they are sick or infected with the virus without any symptoms. **Stay home and monitor your health.**

Regardless of results of any testing method, you should continue to use facial coverings and social distancing.

If symptoms worsen (cough, difficulty breathing, fever) please contact your PCP office, call 911 or go to the Emergency Department.

**NOTE:** Testing for viral illness is not perfect. A negative test reveals that there was not enough virus on the swab to show evidence of COVID-19 at the exact moment of testing. This can be due to testing too early or when no symptoms are present. If symptoms develop, they may still be due to COVID-19. During this epidemic, please continue social distancing, wearing masks and other methods to avoid transferring any illness to others. TESTING does NOT typically change treatment course as managing symptoms is the same for any viral illness.